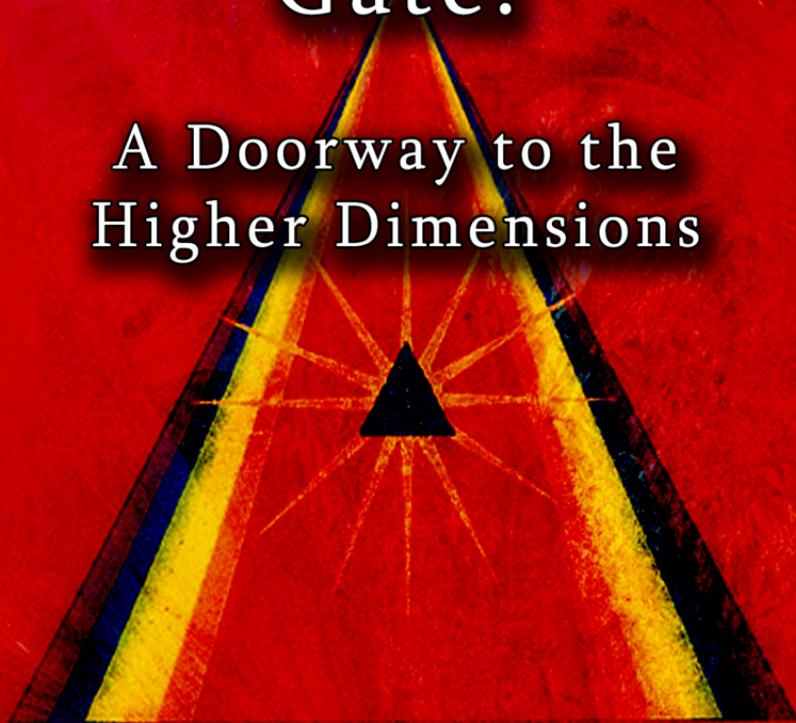


# Dreaming's Gate:

A Doorway to the  
Higher Dimensions



# **Dreaming's Gate**



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Dimensions*

By Koyote the Blind

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## Introduction

The great teachings of the world have produced many useful spiritual technologies capable of helping us transform the way we relate to the world, the way in which we perceive reality, and even the manner in which we relate to the core of our being.

These technologies exist in all spiritual paths, all sacred traditions, and all disciplines.

I want to introduce these technologies to the spiritual seeker and those who apply the tools of science and the principles of art to construct themselves.

These technologies are for those who know they can transform themselves in order to be able to hold more of the sacred power of their essence. They are for you if you are interested in realizing the full potential of your true self, and they are for you if you want to be a channel for the supreme consciousness that inhabits every being in this universe.

Each of these spiritual technologies emerges from one or more of three ancient lineages: Tantra, Magick, and Nahualismo. They come from India, Egypt, and the Nahuas of

Mesoamerica, respectively.

Each book in the series will be dedicated to one single technology or strategy. No prior knowledge is necessary. You do not need any other tools beyond the interest to explore, an impulse toward freedom and evolution, and the life path that has brought you to this point in time where this book is in your hands.

This book is dedicated to the Dreaming's Gate, a symbol of power that is the second gate to the dreaming. This means that the Dreaming's Gate is the assemblage point of the Dreaming, the point that holds a dream together.

In addition, it is important to point out that the Dreaming's Gate is the sacred symbol that connects to the origin of the Aka Dua.

The Dreaming's Gate is used to awaken and develop the latent powers to become lucid in the dreaming, travel in the higher dimensions, develop the second attention, and master your perception.

Follow the exercises, experiment, and write to me if you have questions:

[www.koyotetheblind.blog](http://www.koyotetheblind.blog)

I hope you enjoy this book, but more than that, I hope it becomes useful to you as you walk your spiritual path.

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## How Shamans Access Other Worlds

**The trick to having access to other planes of existence is to realize that we exist in different places simultaneously.**

When you are playing a video game, your consciousness is both in the room where your physical body is and in the avatar that is moving and experiencing the game environment at the same time.

When you immerse yourself in the story line, your consciousness identifies with the actions and experiences of the avatar, and you feel like what is happening to it is also happening to you. You might even forget your physical surroundings at moments. You suffer, fear, and enjoy as the avatar does. When you have to adjust your back, have some food, or answer a question in the room where your physical body exists, you pull your consciousness and your identity away from the gaming avatar

and into your physical form.

The same principle is active whenever you dream.

When you dream, you create a dream avatar. This dream avatar is designed to move in and experience the environment created in the dreaming. You create a dreaming self through which you experience the dream. Are you not also in your physical body? Of course you are. You are in both your physical body and in your dream body simultaneously.

How much you perceive the dream as "real" depends on the level of abstraction and identification you attain in that dream. As your consciousness abstracts from the stimuli of the physical senses, your attention naturally fixates itself on the stimuli coming from the dreaming. Similarly, when you wake up and the attention moves from the dreaming to the physical world around you, the dreaming fades to the background and places itself on the signals coming through the physical senses.

We must understand, however, that we are always dreaming.

When we are awake and our attention is centered in the physical world around us, the

subconscious continues to dream. There are inner dialogues going on inside us, images of past events, judgements about what is going on right now, questions popping up, and even full-fledged dreams unfolding in the subconscious.

Yes, the dream world does not stop just because we wake up. The dream continues; we just withdraw our attention from it and place it fully on the waking.

If during our waking life we happen to withdraw our attention from the stimuli of the physical senses, we experience day dreams and, at times, even full-on dreams when we are not sleeping. When we fall asleep, we withdraw our attention from the physical senses almost completely and, therefore, we enter fully into the action of the dream world.

The same thing can be said when we are dreaming. It is not that the waking world is not there. The physical world is still there, we just have withdrawn our attention from it. Notice that even though we close our eyes when we sleep, our five senses continue to operate. The skin registers temperature and movement just like when it is awake. The ear drums continue to receive sound vibrations.

The nose continues to receive and register smells. In fact, even the eyes continue to receive light through closed eyelids. Yet, even though the senses still operate, we do not seem to be aware of the stimuli. This is because we do not really stop receiving it; we simply withdraw our attention from it.

This, then, is the key to learning to consciously go from the waking to the dreaming, and indeed to any other plane of existence where we have formed a body:

**You must learn to withdraw your attention from one plane and place it on another at will.**

If your attention is placed on the external world, on the stimulation coming from your physical senses, then you will withdraw your attention from the inner world of the dreaming. But, if you know that the dreaming is always there, it is a matter of just moving your attention from the world your senses perceive and placing it on the inner world.

This movement might seem hard to do at first, but it is actually very, very simple and easy. It

is so easy that we do it every day and every night. The difficulty is not in withdrawing the senses from one plane and placing it on another, since we do that daily. The difficulty is learning to do it at will. It is a movement, a switch that we have been doing automatically, like breathing and the beating of our heart; but just like breathing, we can also decide to do it voluntarily.

**You can choose where your  
attention will be placed.**

You can use the Dreaming's Gate to train yourself to gain mastery of your attention, to access your dream world at will, and later, even, to use this ability to access higher planes of consciousness.



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## Establishing Your Base of Operations

Let me begin by giving you the secret to all shamanic voyaging:

**Thought is the directional guidance of the dreamer. What you think is what tells the dreamer where to go.**

The first time I drove in the snow was during a particularly heavy storm in Washington, D.C. I had never driven in snow before, and a friend of mine gave me a tip that applies when navigating the higher dimensions as well. He explained to me that when you are driving in that vast whiteness, your brain loses direction. At that moment, anything that stands out tends to grab your attention, and that is exactly where you go. “Do not look at the road signs if your car begins to slide in the ice,” he said. “If you are sliding, keep your eyes and attention in the direction you want to go, not where you don’t want to go.”

It so happens, he explained, that most

accidents in those icy conditions were from drivers running into street signs. As the tires begin to slide on the icy road, the driver looks at the only thing that stands out: a road sign. The driver knows that the sign is what to avoid. He doesn't want to go there. But the sign is the only thing that stands out in that field of white! So, because the car is out of control, the driver's own attention unconsciously makes the driver take the car straight to it.

**When sliding on the thin membranes of the ethers, keep your eyes where you want to go and withdraw your attention from the areas you want to avoid.**

We will begin applying this principle by avoiding the most common and constant pull we experience towards the world: the pull of the senses and the distractions produced by the body. When we sleep, the attention is automatically removed from the senses and from the sensations the body produces. This allows us to withdraw our attention from the external world and immerse ourselves into the dreaming.

It is important, therefore, when doing these exercises, to find a place where the stimulation of the senses are minimized. You should seek a place where noises, movements, and smells will distract your attention the least.

Take time to set up a space for your shamanic work. It can be any space, indoors or outdoors, as long as you can be there alone for thirty minutes to an hour. It should be a place that is well ventilated, if possible.

Try to make your workspace clean and clutter-free.

Silence is best. If needed, you can use relaxing sounds that do not pull your attention or concerns. Some people use sounds of nature, background city noises, or any “sound wall” that help them relax. It is best not to have any music playing while you work in this space, unless it’s music designed to put you into an altered state and do not pull attention from what you are doing at all.

If you are already a trained and experienced dreamer, you don't need to change the space where you now dream. If you need to modify any of my instructions to suit your ability to rest and relax in this place, do so. If a dark place won't work for you, it's okay to have

light. If you need noise, then have noise. Modify my instructions in any way, as long as you can relax and sleep. An experienced dreamer can do this anywhere, under any circumstances. A master dreamer can dream in the middle of a battlefield. In fact a master dreamer has no choice but to dream. But to begin your training, you are going to designate a space for the island of your dreaming, and you will perform all these exercises there.

Also, it is crucial to be able to relax the body, so that it doesn't pull your attention when you are trying to move into the inner spheres of experience.

The following relaxation exercise is simple, powerful, and very effective for most people. Of course, feel free to use any method that works for you. I am including it here for your reference. Try it, and if it is not for you, no problem. Use one that works for you.

*The Draining Exercise:*

- Sit comfortably with your back straight.
- Make sure your clothes are not cutting off your circulation or creating any pressure on your body.

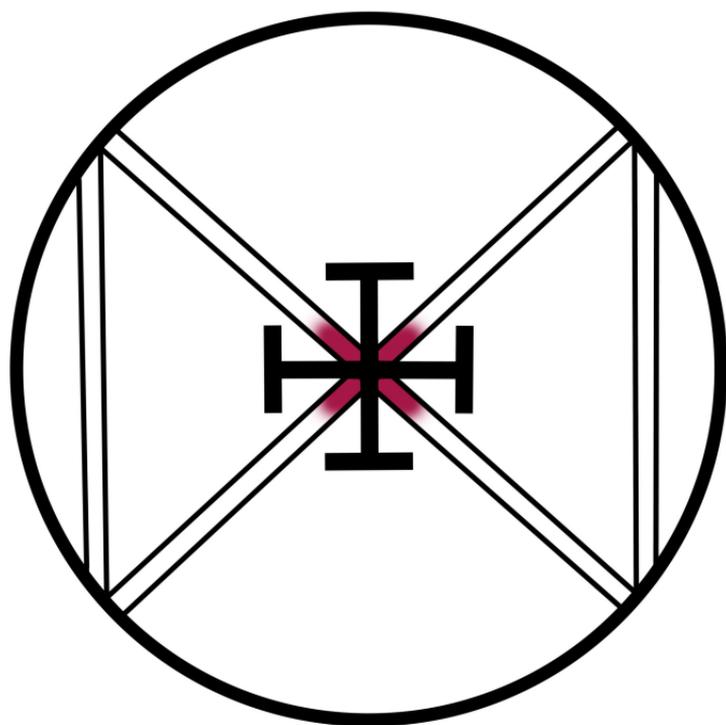
- Place both feet on the floor, or sit with your legs in the lotus position.
- Take a deep breath. Feel the energy taken with the breath flow all the way down to a few inches below your body.
- Slowly, exhale. Try to exhale even slower than you inhale.
- Take a second deep breath, in the same way as the previous one, but this time feel your whole body being filled by the energy that is all around you.
- Exhale, and when you exhale slowly, imagine all tensions and toxins leaving your body along with your breath.
- Take a third breath. This time, see the energy filling your body and, when you exhale, see all tensions come out from you into the core of the Earth.
- Keep breathing slowly, feeling the pull of gravity. See this gravitational pull drain all tensions from your body.
- Place your attention on the soles of your feet. Feel all tension being drained from your feet by the pull of the Earth.
- Continue by repeating this with your

ankles, calves, knees, thighs, buttocks, genitals, hips, waist, abdomen, lower back, middle back, chest, upper back, collar bone, shoulders, arms, elbows, forearms, wrists, hands, fingers, neck, throat, chin, face, eyes, forehead, cranium.

- Scan your entire body again, placing your attention anywhere you find unnecessary tension, and allowing that tension to be drained by the pull of the Earth.

Now you are ready to proceed with the shamanic techniques for voyaging.





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## The Dreaming's Gate

In this book, I am providing you with a geometric symbol used in our lineage to train the dreamer to move between the worlds, to master the Dreaming, and to gain access to the higher dimensions of existence. This is a sacred gift to you, so that you may also gain mastery of your perception and attain the freedom to move about this universe as you will.

This is the living symbol of the Aka Dua. It is the sigil that contains the force of the Ring of Power, and is the assemblage point of the Dreaming. It is presented here to the world so that everyone who uses it can awaken the third attention and have the help necessary to master their own perception.

May it serve the cause of freedom and evolution, and may these teachings be used for the benefit of All Beings Everywhere!

This tool will hone different parts of your psyche, your attention, and your dream-self. The first section of the training consists of teaching the attention to switch from the outer to the inner, and then keeping it where you

want it to stay. You can use this powerful image to conduct the exercises in the following chapters.

If you want to download and print a separate copy fo the Dreaming's Gate, you can obtain a PDF of it on my website:

<https://www.koyotetheblind.com/dreamingsgate>

A laminated copy of the Dreaming's Gate is provided as an insert for the hardbound copy of The Golden Flower. There are only a limited number of hard covers printed, and there is no guarantee any will be available.

If you want your hardbound copy, signed to you, go to:

<https://toltecsurvivor.blog/product/the-golden-flower-hardcover-collectors-edition/>

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## Holding the Phantom Image

Attention is the most powerful tool we have at the beginning of our journey. It is important to train it, and to sharpen it into a potent magical implement. This exercise will train your attention until it becomes what it is meant to be: the magical tool of a shaman and magician.

Here is the first exercise:

### *The Holding the Phantom Image Exercise:*

- Find a place where you can be alone and undisturbed for about 5 minutes.
- Minimize external distractions of sound, smell, and light. You need enough light to see the Dreaming's Gate, but don't have your television on or anything else that will be shining on your eyelids.
- Sit in a comfortable position you can hold for five minutes without cramping or discomfort.
- Stare at the Dreaming's Gate for 30 to

45 seconds without blinking and without moving your eyes. Stare with as much attention and intensity as you can muster.

- Close your eyes.
- Place your attention on the inner image that appears in your mind's eye, and hold it for as long as you can. At first, the image might vanish after a few seconds. With experience, you will learn to keep it going longer.
- Repeat the exercise as many times as you like, but stop if you are getting tired or sleepy.
- Keep working with this exercise until you are able to hold the image without change for at least 1 minute.

At some point, you will see the cross in the center spin. This is a very good sign. It means you are opening your inner eye and learning to *see* in the way sorcerers see.

This exercise will allow you to place and hold your attention in the inner spaces at will, and strengthen your attention to be able to withdraw from the senses, also at will.

Mastering this exercise will make it possible for you to master all the exercises given in *The Golden Flower*, as well as the next two exercises in this booklet.

In fact, this and the next two exercises will prove to be an effective way to train your psychic attention to be able to travel in the dreaming, to gain the ability to become lucid in your dreams, and also to awaken many latent psychic abilities you didn't know you had.

After you have gained the ability to hold the afterimage of the Dreaming's Gate for a minute or more, it is time to train your mind to access the gate any time, at will.



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## Mastering Visualization

In order to move in the higher planes of existence as well as in the dreaming, the shaman uses the power of perception to navigate the worlds, and to project her consciousness anywhere in this universe. To master the faculty of perception is to master the freedom to go anywhere, ascend to any plane of existence, and create any reality we need to create.

### *The Mastering Visualization Exercise:*

- Find a comfortable and safe place where you can be undisturbed.
- Sit or lie down comfortably.
- Close your eyes and see the Dreaming's Gate in your mind's eye.
- Visualize it in as much detail as possible: colors, shapes, and all kinds of nuances.
- Compare it with the physical copy until you can visualize it without distortion.

Imagination is good for this exercise. Later, you'll realize that the imagination is a powerful gateway to the dreaming and, indeed, to any other plane of existence.

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## Entering the Gate

The third exercise with the Dreaming's Gate will suggest itself to you. It might happen after you have mastered the first two, or it can happen as you are still working with them.

Exercise #3 will open the gates to the dreaming and allow you to enter it, and the astral plane, consciously and at will.

### *The Entering the Gate Exercise:*

- Hold the Dreaming's Gate in your mind's eye without distortions.
- As soon as you feel a pull or the sensation of movement, go through the doorway, or vortex of energy, that opens up before you.
- You can travel anywhere you desire, and you will have many adventures. If at any point you want to come back, simply will yourself to come back to the body. Or, you can bring the Dreaming's Gate to your mind's eye and walk backwards away from it and into your physical body.

- When you come back, take a few seconds to feel your body and feel yourself re-entering your body.
- Record your experience in detail. It is very important to write every experience down.

Enjoy your travels and experiences with this powerful and ancient tool! It is charged with the intent of powerful sorcerers and magicians, and it is an extraordinary tool for voyaging and mastering the inner worlds.

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## Lucidity is the Key to the Higher Planes

The ability to become lucid during a dream is a milestone for the shaman. Lucidity is the ability to realize you are dreaming. When in a lucid dream, you wake up enough to realize that you are dreaming, but not enough to dissolve the dream. You just wake up enough to remember yourself, while retaining the ability to let the dream go on.

Remember that a dream is simply a different plane of experience. When you withdraw the attention from the waking as you fall asleep, the attention goes to the stories happening in the unconscious, and we dream. In this same manner, when we wake up we withdraw our attention from the dreaming and focus it on the impressions coming from the senses.

Lucidity, in this sense, is the ability to remember yourself in different planes of existence. It is to know that even if you find yourself experiencing a dream, part of you becomes aware that you also exist in a different world, the world of the waking. You realize that you are dreaming because you

recognize that you are also in a different world.

For the purpose of shamanic voyaging, this means lucidity gives us the ability to move our attention between different realms and between different planes of existence. Once you are lucid, you can train your attention to stay in the dreaming or to wake up.

But more than that, to become lucid also allows you to move and act in the dream with a higher level of power and effectiveness. If you have experienced lucid dreaming, you know that once you know you are dreaming, you can do almost anything in that dream! You can fly, teleport, find solutions to your problems, receive illuminating answers to your deepest questions, and have any experience you desire or need.

This also happens when the shaman becomes aware of two different planes of existence. This ability to perform extraordinary feats is not only true of the dreaming. It happens whenever we find ourselves having an experience in one plane, and our attention becomes rooted in a higher plane.

What is a higher plane, for the purpose of this manual? The difference between an ordinary

dream and what most people call “reality”, is that the experience in the dream, as real as it can feel at times, is not as saturated with reality as the world of the waking.

For the shaman, all planes of existence are real, but some are more real than others. Some planes have a stronger gravitational pull on our essence, and they seem to have a denser force about them. A higher plane, therefore, is for the shaman a plane of existence that feels more real than the lower plane.

During an ordinary dream, the untrained person is not aware of any other plane of existence than the dream. In becoming lucid, however, he becomes aware of another plane, the one he calls “reality.” This awareness allows him to become lucid, because he remembers himself in the higher plane of the waking. If he manages to remain conscious of both, as a shaman does even when in the waking, the dreamer becomes not only aware of another plane of existence, but he also acquires power over the dream he experiences.

In this way, the shaman seems to have powers ordinary people do not.

The training for navigating the planes, and to achieve the mastery of awareness necessary to operate at the level of the shaman and the sorcerer, requires an exacting and intense training. Mastering lucidity while dreaming trains the muscles of perception of any person, preparing us for life in the higher dimensions.

This manual is a highly effective introduction to the training of perception for life in the higher dimensions, and if practiced with care, the exercises presented here will awaken the ability to access other dimensions of reality. They will also awaken in you the latent powers of the soul, as you become more and more adept at recognizing the different levels of existence.

The exercises given in the previous chapters will give you this access, and awaken these dormant abilities. In order to gain deeper access and higher states of awareness, however, you have to master the ability to become lucid.

There are two more practices I'd like to share with you, to lay the groundwork for higher development:

1. Keep a dream journal.
2. Ask yourself if you are dreaming.

They are that simple, and immensely powerful. To make them effective, you have to practice them assiduously for a long time. They have to become second nature.

Keep a dream journal, and write in it every day as soon as you wake up. Write even if you don't remember your dreams well. Just write whatever you do remember, even if it doesn't make sense. Write even if it is only vague impressions. In fact, write even if you think you didn't dream anything at all. Just put pen to paper and begin to write. Even saying, "I only remember darkness," or "Nothing comes to mind, except a vague sensation of..." and so on.

The discipline of writing in your journal will signal to your unconscious that you are serious about this, and will begin to open up the bounty of the dream worlds to you.

The more aware you become of your dreams, the more you will use your senses and faculties during dreams; and the more you use them, the more powerful your awareness becomes in

all ways, and in all planes.

Keeping a dream journal will allow you to have richer and more rewarding dreams, and this will enrich your life in all respects.

But to truly master lucidity, you must also get into the habit of becoming aware not only of what you dreamt last night, but also of knowing *that* you are dreaming.

You acquire the habit of lucidity by asking yourself if you are dreaming. Truly wonder about this, and truly seek to investigate if this is a dream. Get into the habit of questioning reality any time, in all circumstances. Any time you remember the practice, ask yourself if this is a dream.

Once you ask the question, investigate it. Do it for real. Ask yourself if you are dreaming, and try to prove to yourself that this is a dream. Once you do this over and over at random times of the day, you will suddenly ask yourself this while in a dream, and then you will become lucid!

Practice these powerful, yet deceptively simple techniques, and the world of the shaman and the sorcerer will open its secrets to you. You have in your hands the Dreaming's Gate, and with the practice of journaling and asking

yourself if you are dreaming, you also have possession of the Key of Awareness. Put them together, and the universe will open all its levels to you, and the bounties of all the worlds will become possible for you.



---

## Apperception

The next important key to learn is called apperception.

Apperception is the ability to observe the observer in the process of observation. It is to be aware of the observer in you as your attention is on something else. In effect, you split your attention two ways: part of it is on what you observe, and the other part is on the observer.

Keep reading these words. Slow down the speed of your reading. Observe each word as you keep reading. Savor each word. Now, at this very moment, notice your Self reading this.

Observe yourself reading these words.

This, right now, the moment when you remember yourself as you observe any experience whatsoever, is when you use the faculty of apperception.

Practice the faculty of apperception now with the Dreaming's Gate. Place your attention on the cross in the center, the apex of the vortex. Observe the observer.

While you go about your day, do this exercise as often as you can, for as long as you can. It is a non-phenomenal muscle that needs to be trained. The faculty of apperception is one of the most powerful techniques you can learn from any esoteric school.

With this technique, you will soon be waking up in your dreams and will have more and more conscious control of your experiences — until one day, you will find yourself also waking up during your daily ordinary life. At that point, you will fully realize that every experience whatsoever is a dream, and you might even come to know yourself as the dreamer who is having all these experiences in the Palace of Dreams, and experience the true awakening as the One Who Sleeps begins to gain consciousness of yourself as a dreamer.

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## **The Mastery of Perception: The Eye of the Eagle**

The ultimate end of the Toltec warrior's training is to master one's own perception. In a sense, this is also the aim of yoga, magick, and alchemy. In all these esoteric traditions, the aspirant seeks to fine-tune their awareness to perceive and hold the consciousness of the cosmos, the supreme being.

These practitioners seek to change the way they perceive the universe. They seek to be able to see the universe from the perspective of God, and in this manner attain the knowledge of the gods. It is an act of ultimate aspiration for those who follow the path of knowledge and self-transformation.

The way to do this is to learn to transcend the limits of human perception, and identify with the perception of the infinite. To stand in the place of the supreme being and witness the beauty of creation is to become one with all, even if for a moment. The life that follows this supreme vision will be vastly different from the life of an ordinary human being, a life far beyond the limits imposed by the false beliefs

and petty agreements we have allowed to cloud our vision.

We can say that the mastery of perception forever transforms not only the way you experience reality, but also the manner in which you see yourself.

Who are you? After this experience, you no longer answer this question within the constraints of language, or within the framework of society. You become what you perceive, and in this way you also become identified with the supreme entity. Your will and the will of God become one because you are no longer identified with the limits of culture, society, programming, and education. You have become more than that.

Your consciousness becomes as the clear diamond that reflects the light and color of the surface upon which it stands. So your perception will be a reflection of the cosmic entity, the supreme being.

In the Toltec tradition, this is called *the Eye of the Eagle*.

The Dreaming's Gate is a doorway to this perception. I am here, giving you a powerful exercise that will bring your awareness to the entrance of this supreme vision. After that, all

you have to do is enter.

*The Eye of the Eagle Exercise:*

- Place your attention on the center cross of the Dreaming's Gate.
- Withdraw your attention from all other stimuli. Concentrate only on the image.
- Holding the attention on the center, place part of your attention on the circle outside.
- Move the cross and feel or see the vortex of energy it opens.
- With your intent, see the world beyond the gate.

Success in this exercise is proof that you have attained an impressive degree of mastery over your perception. You are only a hairbreadth away from the Eye of the Eagle. Continue to do the exercise any time you want to, and eventually you will see what the Eagle sees.

This is the assemblage point of the Dreaming. It is what keeps the sorcerer's vision together, and it is the lens that channels the power of perception.

This is the essence of the doorway to other worlds, and to the inner core of your perception. By opening this vortex you successfully alter your own assemblage point and thus gain entrance to all the mysteries of the universe, and the awareness of the supreme being.

Success in this exercise is the attainment of samadhi, the accomplishment of the alchemical Orphic egg, and the gift of the Eagle.

There is from here nothing else but to do!

Ometeotl!

---

## What to Do in a Lucid Dream

Eventually you will find yourself in a lucid dream. This is a dream where you know you are dreaming. At this point, you have a great opportunity to take your experience to the next level. The answer to what you can do in a lucid dream is very simple:

**You can do whatever you will to do.**

The truth is that the Dreaming is to your true Self what the universe is to God. The universe is the dream the supreme consciousness is having. Every galaxy, every star, every sentient being, and even every blade of grass is part of this dream, dreamed by the supreme consciousness, which has this dream as each and every sentient being. Consequently, you are also part of the dream of the supreme consciousness. You are God dreaming the universe from your particular perspective.

We live in a sentient universe. The universe is not just the material environment where sentient beings exist; rather, it is a sentient being experiencing a dream from multiple perspectives. Each perspective brings a new angle, a new experience, and a new and enriched understanding of itself.

From the point of view of the supreme being, since all experiences are a dream, there are no external consequences to any action. Think about your own dreams. If your house burns during a dream, you might suffer during that dream; but when you wake up, your house is still there. If you injure someone in a dream, when you wake up that person is unharmed. You might die during a dream, but when you wake up you are still alive and well. You can commit any sin, and even if you seem to suffer consequences to your trespass during the dream, there is no karma affecting your waking life. Karma is only the effect of actions that happen within the same plane of existence, and it does not transfer to the waking state.

This is why it is said that the supreme being does not incur karma. No matter what happens in this universe or what any creature does, the eternal consciousness witnessing and performing all things is never affected. There is no evil done and no karma accumulated from the perspective of the supreme being because the entire universe is the dream of such a being.

For a human being, the actions taken in a dream are part of that person's inner life and

do not accumulate karma outside the dream. However, the actions taken outside a dream do have karmic consequences for us because they are external. They affect other beings and our environment, and therefore our actions create effects that in turn come back to us. Our consciousness moves between the inner and the outer, whereas for the sentient universe it is all internal. Our internal life produce no karma, but the external life does.

This is, of course, only one way to look at the situation. We could say that the universe also gets to experience an external reality by experiencing life as every particular entity. By dreaming itself as each sentient being, it gets to know what is like to have an external world. This would be true, but as with any dream, the illusion that the universe is experiencing an external world only operates while the being identifies with the body or the personality created for that experience. As soon as the supreme being remembers its true nature, an awakening occurs and the dream no longer has a hold.

It then follows that all things are lawful for the supreme being. Similarly, it can be said that you, as the creator of your dreams, have the right and power to act in any way that you

will. There are no laws determining what you are allowed to do. You are the supreme being of your dream and you have complete authority over your creation, just like the supreme being of this universe has complete authority over its creation.

You are the autarch of your dream life. You are the sole authority and the supreme power. The only question is whether you wake up enough to realize this fact, and whether you have the valor to take on that responsibility. If you remain asleep in the dream, the dream seems to happen to you. However, if you remember yourself and recognize that you are dreaming, you acquire the power and the moral authority to do anything you will.

Wake up, then, during your dreams and realize that you are the sole authority and the source of all power. Wake up into your true power and take on the role of the creator, destroyer, and maintainer of your inner universe.

Become the avatar of the dreamer, and exercise your power to dream.

Be bold, therefore, and go forth into the dreaming to experience, to discover, to behave, and to create. Do not hold back. Act

as you will. You have within you the supreme authority and infinite power over your own dream, including the power to forget who you really are and experience dreams of powerlessness and victimization. Wake up, and grasp that you have within yourself the power and ability to do all things, to love all things, to understand all things, and to become the master of your inner universe.

The key to mastering the Dreaming can be expressed by three principles:

1. Be fearless.
2. Experience as you will.
3. Be responsible for your dream.

There is nothing within your dream that can truly harm you, and since the entire dream is your own creation, there is no one external to you that you can harm. A dream is your own universe, and you are the supreme god in that realm. Experience there as you will and without fear.

The third principle, however, is what makes dreaming the most powerful tool we have at

our disposal. This is the key that allows us to truly align our consciousness with the supreme consciousness, and to begin to understand what it is like to take on the burden of the supreme being. To be responsible for your dream means to know that all things are as you design, consciously or unconsciously. It means that you take on the attitude not of someone who is helplessly on the receiving end of a big universe, but of someone who is responsible for what you are perceiving, what you are living, and what you do.

This principle is not meant for assigning blame. It is not a matter of saying who is guilty of the situation in which you find yourself in life. No. This is about knowing that all your circumstances are a dream, and you are the source of that dream. You are dreaming yourself and the environment you perceive around you. Within that dream, even if it seems like the world is harsh and hostile, you can quickly realize that the entire dream is a part of you.

Wake up, remember yourself, and know that you are the creator of all things within that dream.

Be responsible for your dream. Acknowledge

it as the environment you have created, aware or oblivious, to have this experience. All you have to do is realize you are the dreamer, and then act as you will, be fearless, and transform your world into a dream worth having.

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## Is That All There Is?

This is a beginning. It is a glorious and miraculous beginning, but only a beginning. These practices will bring you a lifetime of exploration, wonder, and realizations. You have the doorway, and the key that opens it.

If you desire to know more, you can find the path of mastery of perception in the Yoga of Dreaming. These complete teachings can be found in *The Golden Flower*, which more than a book, is an artifact that contains the teachings of the path of shamanic dreaming. There are only very few of these collectible hardbound, numbered copies available. These volumes are signed, and come with a laminated insert of the Dreaming's Gate.

You can also obtain the kindle version of this book, as well as other books by me at Amazon's [Koyote the Blind's author page](#).

I hope you have enjoyed this book. If you did, please check out the following resources, and it would help me if you subscribe and like some of them. And, if you have read any other books by me, please consider writing a review on Amazon. They truly help a lot.

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## **Also by Koyote the Blind:**

### **The Golden Flower**

A unique book on the art of dreaming, astral projection, and voyaging through the higher planes, presented by a Toltec shaman and Western magician. This is the Yoga of Dreaming. It is a distillation of the deepest teachings and art of lucid dreaming, delivered in clear and practical, yet poetic, prose. A delight to read, and filled with practical gems throughout. The exercises included in the text will introduce the novice to lucid dreaming practices—or enable the more advanced reader to experiment new approaches to Dreaming as a spiritual practice.

### **Adumbrations**

A pocket book of haiku with an intriguing and erudite introduction by the author on the subject.

### **Tolteca I, II, and III**

A journal of articles by Koyote on Toltec history, philosophy, esoteric wisdom, and art. Only three of nine issues have been released.

## **The Teachings of a Toltec Survivor**

A transformative experience, based on the esoteric lectures delivered in 2007 to a small group of close students.

For information on courses and seminars taught, as well as performances of The Telling, check out our website:

**[www.koyotetheblind.com](http://www.koyotetheblind.com)**

Check out my other books on my Amazon Author's Page:

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## About the Author

Koyote began his training among the volcanoes and jungles of El Salvador, where the revolutionary dreams of a just and good world framed his spiritual aspirations. While pursuing his Jesuit education and volunteering to create and lead a literacy program for the children of war refugees, Koyote trained in Tantra Yoga and Western Mysticism during his adolescence, until he was forced into exile when targeted by that troubled country's death squads.

In 1985, Koyote fled to the USA, where he obtained political asylum and, eventually, his citizenship. He then took on the roll of a householder and raised a family, worked full time, and pursued his graduate and post-graduate studies in Philosophy and Cognitive Sciences at UCSD and Santa Clara University. His worldly obligations did not stop his spiritual pursuits. He was initiated in Kriya Yoga and Magick while fulfilling his duties as a householder.

In 1995, he was initiated by his Yaqui-Lacandon benefactor into the Toltec tradition

and the Path of the Infinite. Koyote was acknowledged as a teacher in the lineage by the elder Nahual, Teczaki Güitame Cachora.

He developed a Toltec improvisational performance art called The Telling, a mystical inducing experience known to affect and transform the listener through a direct and unmediated experience.

Koyote runs a branch of the A.' A.' under the Ox and None Clerk-House; and Xicoco, an esoteric school of the Toltecs, where he trains students in magick, shamanism, mysticism, and yoga.

He has authored books and created seminars on the Yoga of Dreaming, meditation, astral voyaging, shadow walking, magick, and Toltec Mastery.